

## SUPPORTING A CAUSE: SAVE THE BEES INITIATIVE

At Lavender Dental, we care about more than just smiles—we're also committed to the environment! Bees play a critical role in our ecosystem, pollinating about 75% of the fruits, vegetables, and nuts we eat. However, bee populations are declining due to habitat loss, pesticides, and climate change. Here's how we can all help:



### WAYS TO HELP THIS SPRING



#### Plant Bee-Friendly Flowers

Bees rely on nectar-rich flowers to survive. By adding pollinator-friendly plants to your yard, balcony, or even a small planter, you can help provide food sources for struggling bee populations.

Includes:

- ✓ Lavender (of course!)
- ✓ Sunflowers
- ✓ Wildflowers
- ✓ Herbs like mint, thyme, and basil



#### Avoid Harmful Pesticides

Many common garden pesticides and herbicides contain chemicals that are harmful to bees. These toxins can weaken their immune systems and disrupt their ability to find food.

Tips:

- ✓ Opt for natural pest control methods
- ✓ Use compost instead of chemical fertilizers
- ✓ If you must use pesticides, apply them in the early morning or late evening



#### Support Local Beekeepers

Beekeepers play a vital role in maintaining healthy bee populations. By purchasing local honey and bee-related products, you help sustain responsible beekeeping practices and contribute to the health of local hives.

How to Support:

- ✓ Buy raw, local honey
- ✓ Look for beeswax-based products
- ✓ Support organizations that protect pollinators

